**Worthing College Counselling Referral Form**

Your full name:

Preferred name (for us to use):

Date of birth:

We will contact you using your student or staff college email address.

Your college email address:

Telephone number:

Can we leave a voicemail message on this number? Yes / No

Currently counselling is available to students and staff Monday and Tuesday during college opening hours and Wednesday at reduced hours. Sessions are 50 minutes.

Please state the days and times you are available for counselling.

|  |  |  |
| --- | --- | --- |
| Monday | Tuesday | Wednesday |
|  |  |  |

Due to Covid 19, your initial appointment and following counselling sessions will be offered via Microsoft teams and/or telephone.

If you feel that counselling via Microsoft Teams or the telephone will be difficult for you, please state here and the counsellor will be in contact with you to discuss further.

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If you would like to, please state briefly why you would like to attend counselling:

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|  |

Signature: Date:

Please email the form to [counselling@worthing.ac.uk](mailto:counselling@worthing.ac.uk)

The counsellor will respond to your referral by email and offer an initial appointment.