













# HIGHER EDUCATION PREPARATION

## BEFORE YOU GO...

### CHECKLIST

			CHECKLIST
MAY		<b>GET A STUDENT BANK ACCOUNT</b> Designed <b>exclusively</b> for <b>higher education students</b> , these typically offer <b>interest-free overdrafts</b> and/or <b>freebies</b> to help you with the <b>costs associated</b> with your <b>studies</b> .	<input type="checkbox"/>
		<b>APPLY FOR STUDENT FINANCE</b> You <b>do not need to have received and/or accepted offers to apply</b> . Applications take about <b>thirty minutes</b> to complete and can be made online at <a href="https://gov.uk/apply-online-for-student-finance">https://gov.uk/apply-online-for-student-finance</a> . See our <b>'student finance applications'</b> resource for guidance on the <b>financial support</b> available for higher education studies.	<input type="checkbox"/>
		<b>BOOK YOUR STUDENT ACCOMMODATION</b> If you are <b>moving away</b> from home, you can book <b>accommodation</b> with your firm choice's <b>halls of residence</b> or <b>rent privately</b> . See our resource on accommodation for guidance on choosing and booking where to live during your studies.	<input type="checkbox"/>
JUNE		<b>LOOK FOR A SUMMER JOB</b> <b>Saving up</b> some <b>money</b> over the summer can help <b>boost</b> your income throughout the academic year. The <b>Progression+ team</b> can help you search for <b>vacancies</b> , <b>write CVs</b> and <b>applications</b> and <b>prepare for interviews</b> .	<input type="checkbox"/>
JULY		<b>CONNECT WITH OTHERS ONLINE</b> <b>Getting to know</b> your <b>class</b> and/or <b>housemates</b> <b>before you arrive</b> can <b>calm nerves</b> and help you <b>settle in</b> during the <b>first few weeks</b> of term. Higher education providers often set up <b>Facebook</b> , <b>WhatsApp</b> etc. <b>groups</b> to help you meet them.	<input type="checkbox"/>
		<b>ARRANGE A HEALTH CHECK-UP</b> Make sure you are <b>fit and healthy</b> before moving away, including checking that you are <b>up to date</b> on your <b>vaccinations</b> , to help stave off the illnesses that are common during the first few weeks of term (e.g. <b>"freshers' flu"</b> !).	<input type="checkbox"/>
AUGUST		<b>LEARN HOW TO COOK</b> <b>Practice cooking</b> your <b>favourite meals</b> and consider buying <b>student cookbooks</b> , as these focus on making <b>simple meals</b> on a <b>budget</b> .	<input type="checkbox"/>
		<b>LEARN HOW USE A WASHING MACHINE</b> Do you know your <b>spin cycle</b> from your <b>speed wash</b> , and your <b>delicates</b> from your <b>acrylics</b> ? <b>WhatUni</b> has a useful guide to washing your clothes, including a <b>laundry symbols chart</b> : <a href="https://bit.ly/2yLop89">https://bit.ly/2yLop89</a>	<input type="checkbox"/>
		<b>DO SOME PREPARATORY READING</b> Colleges and universities typically send first-year students some <b>suggested reading</b> before the academic year starts. This <b>may not be a requirement</b> but completing this could help you get a <b>head start</b> and <b>build your confidence</b> for when lectures begin.	<input type="checkbox"/>
		<b>DECIDE AND PACK WHAT TO TAKE WITH YOU</b> Check what your accommodation <b>already has</b> and if there are any <b>prohibited items</b> . Electrical goods may need to be <b>PAT tested</b> before they can be used in the halls. We have included a <b>packing checklist</b> overleaf.	<input type="checkbox"/>
		<b>PLAN YOUR BUDGET</b> By August you should have your <b>student finance confirmed</b> and a clearer picture of any <b>extra income</b> available to you (e.g. bursaries, savings etc.) <b>Which? University</b> has a <b>student budget calculator</b> to help you manage your money: <a href="https://bit.ly/2xYqDQT">https://bit.ly/2xYqDQT</a>	<input type="checkbox"/>
		<b>SPEND TIME WITH FAMILY AND FRIENDS</b> If you are <b>moving away</b> to study, you <b>may not be able to see</b> your loved ones for a while. Although you will be doing lots of <b>exciting things</b> and <b>meeting new people</b> during your first term, do remember that <b>homesickness is normal</b> and that your <b>college or university is there to support you</b> with this.	<input type="checkbox"/>

## PACKING CHECKLIST

CLOTHING			PERSONAL ITEMS			DOCUMENTS		
	Everyday wear	<input type="checkbox"/>		Toiletries	<input type="checkbox"/>		Passport photos	<input type="checkbox"/>
	Waterproofs	<input type="checkbox"/>		Mobile phone (+ charger)	<input type="checkbox"/>		Passport or driving licence	<input type="checkbox"/>
	Warm clothing	<input type="checkbox"/>		Laptop (+ charger)	<input type="checkbox"/>		National insurance number	<input type="checkbox"/>
	Underwear and socks	<input type="checkbox"/>		Keyring	<input type="checkbox"/>		NHS number	<input type="checkbox"/>
	Pyjamas	<input type="checkbox"/>		Watch	<input type="checkbox"/>		Insurance	<input type="checkbox"/>
	Trainers	<input type="checkbox"/>		Purse/wallet	<input type="checkbox"/>		Student finance details	<input type="checkbox"/>
	Swim- and activewear	<input type="checkbox"/>		Rucksack	<input type="checkbox"/>		Bank cards	<input type="checkbox"/>
	Smart clothes	<input type="checkbox"/>		Headphones	<input type="checkbox"/>		CV and references	<input type="checkbox"/>
	'Going out' clothes	<input type="checkbox"/>		Medicine	<input type="checkbox"/>		Letter with your address	<input type="checkbox"/>

STUDY ITEMS			HOUSEHOLD ITEMS					
	A4 refill pad	<input type="checkbox"/>		Bedding	<input type="checkbox"/>		Spatulas, ladles etc.	<input type="checkbox"/>
	Ring binders	<input type="checkbox"/>		Towels	<input type="checkbox"/>		Baking trays	<input type="checkbox"/>
	Plastic wallets	<input type="checkbox"/>		Alarm clock/radio	<input type="checkbox"/>		Tin opener	<input type="checkbox"/>
	Pens and pencils	<input type="checkbox"/>		Coat hangers	<input type="checkbox"/>		Bottle opener	<input type="checkbox"/>
	Highlighters	<input type="checkbox"/>		Laundry basket	<input type="checkbox"/>		Vegetable peeler	<input type="checkbox"/>
	Sticky notes	<input type="checkbox"/>		Clothes dryer	<input type="checkbox"/>		Measuring jug	<input type="checkbox"/>
	Stapler	<input type="checkbox"/>		Pictures/posters	<input type="checkbox"/>		Grater	<input type="checkbox"/>
	Hole punch	<input type="checkbox"/>		Extension cable(s)	<input type="checkbox"/>		Colander	<input type="checkbox"/>
	Scissors	<input type="checkbox"/>		Cutlery	<input type="checkbox"/>		Cling film and tin foil	<input type="checkbox"/>
	Diary/calendar	<input type="checkbox"/>		Knives and chopping board	<input type="checkbox"/>		Tupperware	<input type="checkbox"/>
	USB stick	<input type="checkbox"/>		Plates and bowls	<input type="checkbox"/>		Tea towels	<input type="checkbox"/>
	Calculator	<input type="checkbox"/>		Glasses and mugs	<input type="checkbox"/>		Oven gloves	<input type="checkbox"/>
	Course books	<input type="checkbox"/>		Sauce- and frying pans	<input type="checkbox"/>		Recipe book	<input type="checkbox"/>

EXTRA ITEMS			
1	<input type="text"/>	<input type="checkbox"/>	
2	<input type="text"/>	<input type="checkbox"/>	
3	<input type="text"/>	<input type="checkbox"/>	
4	<input type="text"/>	<input type="checkbox"/>	
5	<input type="text"/>	<input type="checkbox"/>	
6	<input type="text"/>	<input type="checkbox"/>	
7	<input type="text"/>	<input type="checkbox"/>	
8	<input type="text"/>	<input type="checkbox"/>	
9	<input type="text"/>	<input type="checkbox"/>	
10	<input type="text"/>	<input type="checkbox"/>	

Keep in mind that you may be **storing everything** either in your **bedroom**, which could be a **small single room**, or in a **kitchen shared** with a **number of other students!** You may therefore want to **wait until you have arrived** to see whether you need to buy **items** such as a **kettle, toaster** etc.

