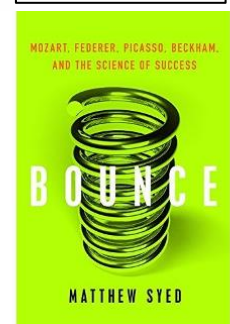
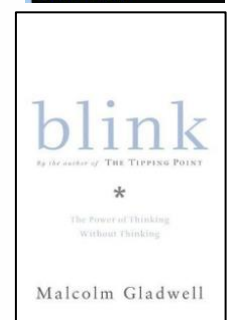
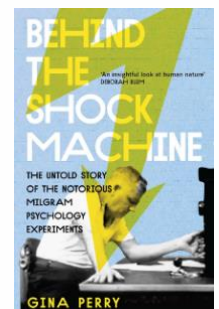
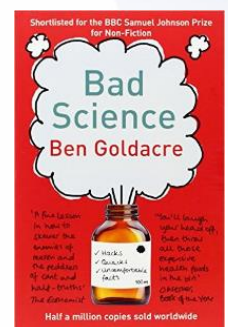
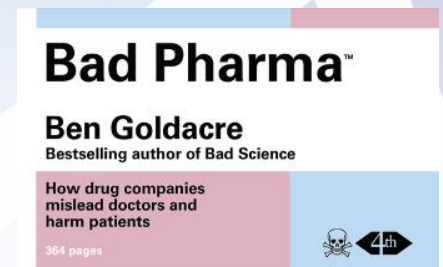
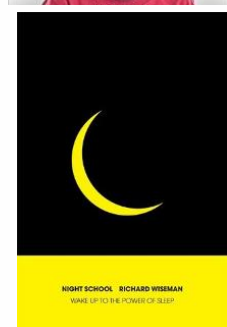
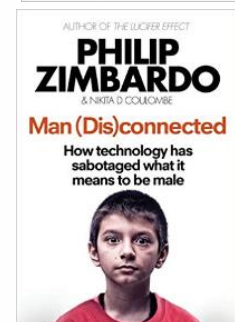
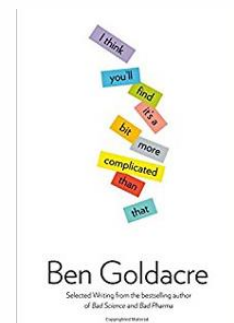
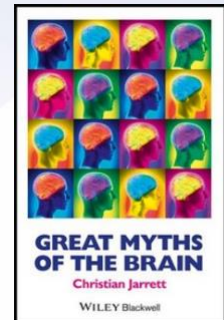


## Psychology Reading List

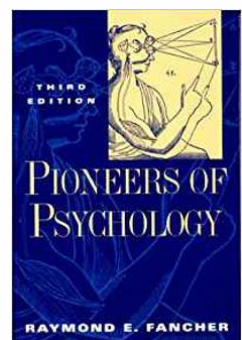
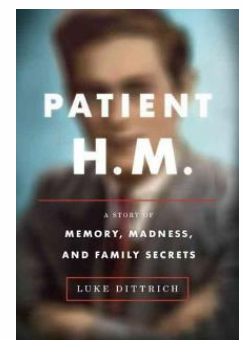
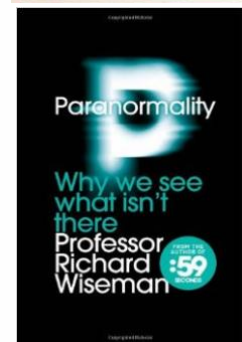
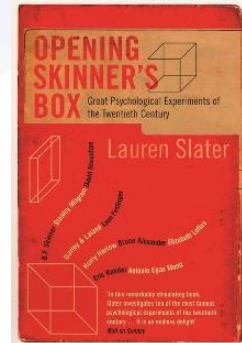
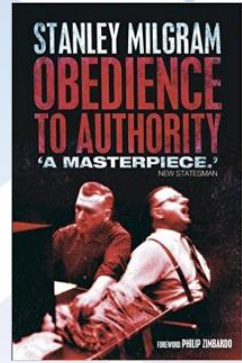
- **Bad Pharma by Ben Goldacre**
  - **What's it about?** How pharmaceutical companies employ sneaky techniques to make their drugs look better than they are.
  - **What topics is it useful for?** Research methods, Psychopathology, Schizophrenia.
  - **Difficulty Level:** \*\*\*\*\*
  - **Rating:** \*\*\*\*\*
  
- **Bad Science by Ben Goldacre**
  - **What's it about?** How to do research properly.
  - **What topics is it useful for?** Research methods, Psychopathology, Schizophrenia.
  - **Difficulty Level:** \*\*\*\*\*
  - **Rating:** \*\*\*\*\*
  
- **Behind the Shock Machine by Gina Perry**
  - **What's it about?** The real story behind the Milgram obedience research.
  - **What topics is it useful for?** Social influence, Research methods, Issues and debates.
  - **Difficulty Level:** \*\*
  - **Rating:** \*\*\*\*\*
  
- **Blink by Malcolm Gladwell**
  - **What's it about?** The psychology of success.
  - **What topics is it useful for?** Research methods.
  - **Difficulty Level:** \*\*\*
  - **Rating:** \*\*\*
  
- **Bounce by Matthew Syed**
  - **What's it about?** The psychology of success in sport.
  - **What topics is it useful for?** Research methods.
  - **Difficulty Level:** \*\*\*
  - **Rating:** \*\*\*



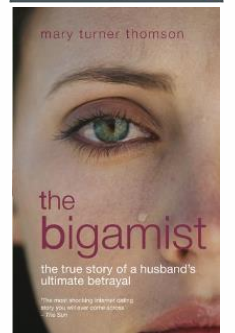
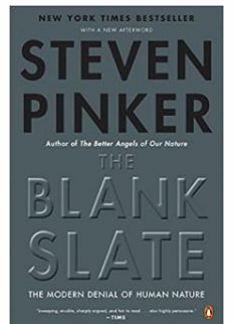
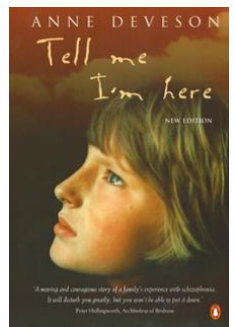
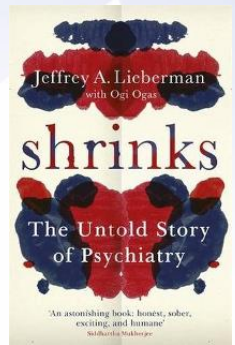
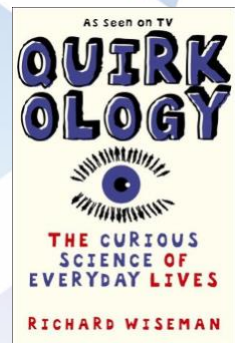
- Forever Today by Deborah Wearing
  - **What's it about?** True story of a famous amnesiac patient.
  - **What topics is it useful for?** Memory, Biopsychology.
  - **Difficulty Level:** \*\*
  - **Rating:** \*\*\*\*
  
- Great Myths of the Brain by Christian Jarrett
  - **What's it about?** The myths surrounding the world's most complex computer.
  - **What topics is it useful for?** Research methods, Psychopathology, Biopsychology.
  - **Difficulty Level:** \*\*\*
  - **Rating:** \*\*\*
  
- I think you'll find it's a bit more complicated than that by Ben Goldacre
  - **What's it about?** A collection of articles about how research should be done correctly.
  - **What topics is it useful for?** Research methods, Psychopathology, Schizophrenia.
  - **Difficulty Level:** \*\*\*\*
  - **Rating:** \*\*\*\*
  
- Man (Dis)connected by Philip Zimbardo
  - **What's it about?** Why men are failing in modern society.
  - **What topics is it useful for?** Research methods, Social influence.
  - **Difficulty Level:** \*\*
  - **Rating:** \*\*
  
- Night School by Richard Wiseman
  - **What's it about?** Sleep
  - **What topics is it useful for?** Biopsychology.
  - **Difficulty Level:** \*\*\*
  - **Rating:** \*\*\*\*\*



- Obedience to Authority by Stanley Milgram
  - **What's it about?** Milgram's famous shock experiments.
  - **What topics is it useful for?** Research methods, Social Influence, Aggression, Issues and Debates.
  - **Difficulty Level:** \*\*\*\*\*
  - **Rating:** \*\*
  
- Opening Skinner's Box by Lauren Slater
  - **What's it about?** A collection of short summaries of famous psychology studies.
  - **What topics is it useful for?** Research methods, Psychopathology, Social Influence, Memory, Attachment, Biopsychology.
  - **Difficulty Level:** \*\*\*
  - **Rating:** \*\*\*\*\*
  
- Paranormality by Richard Wiseman
  - **What's it about?** The psychology behind ghosts, ghouls and the paranormal.
  - **What topics is it useful for?** Research methods.
  - **Difficulty Level:** \*\*
  - **Rating:** \*\*\*
  
- Patient H.M. by Luke Dittrich
  - **What's it about?** The most famous case study in psychology, H.M.
  - **What topics is it useful for?** Memory, Biopsychology, Issues and debates.
  - **Difficulty Level:** \*\*\*
  - **Rating:** \*\*\*\*\*
  
- Pioneers of Psychology by Raymond Fancher
  - **What's it about?** The history of psychology.
  - **What topics is it useful for?** Approaches, Biopsychology, Issues and debates.
  - **Difficulty Level:** \*\*\*\*\*
  - **Rating:** \*\*\*\*

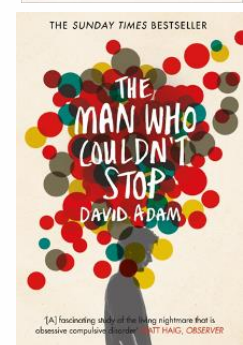
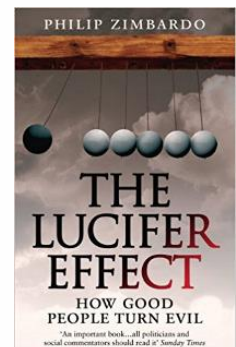
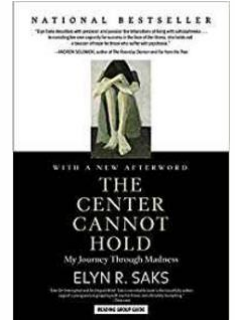
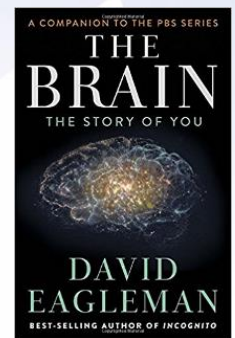
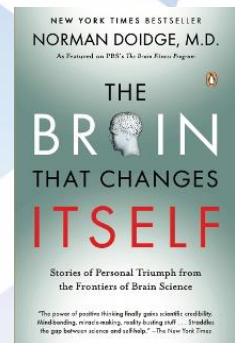


- Quirkology by Richard Wiseman
  - **What's it about?** A collection of weird and wonderful psychology studies.
  - **What topics is it useful for?** Research methods, Psychopathology, Memory, Social influence, Attachment, Aggression, Relationships.
  - **Difficulty Level:** \*\*
  - **Rating:** \*\*\*\*
  
- Shrinks by Jeffrey A. Lieberman
  - **What's it about?** The history of mental health treatment.
  - **What topics is it useful for?** Psychopathology, Schizophrenia, Approaches, Biopsychology.
  - **Difficulty Level:** \*\*\*\*
  - **Rating:** \*\*\*\*
  
- Tell me I'm here by Anne Deveson
  - **What's it about?** True story of a mother whose son has schizophrenia.
  - **What topics is it useful for?** Psychopathology, Schizophrenia.
  - **Difficulty Level:** \*\*
  - **Rating:** \*\*\*\*
  
- The Blank Slate by Steven Pinker
  - **What's it about?** A look at how human behaviour is substantially shaped by evolutionary psychological adaptations.
  - **What topics is it useful for?** Approaches, Debates.
  - **Difficulty Level:** \*\*\*\*
  - **Rating:** \*\*\*\*
  
- The Bigamist by Mary Turner Thompson
  - **What's it about?** A true story of a woman's life with a psychopath.
  - **What topics is it useful for?** Psychopathology.
  - **Difficulty Level:** \*
  - **Rating:** \*\*\*\*

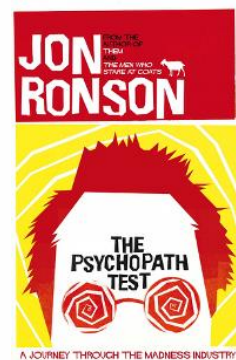
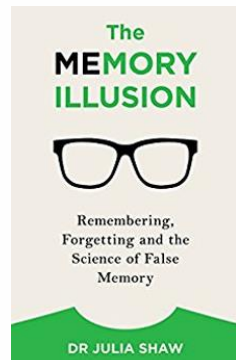
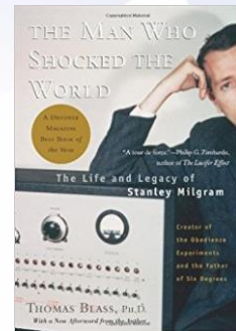
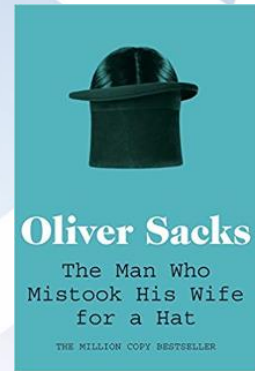




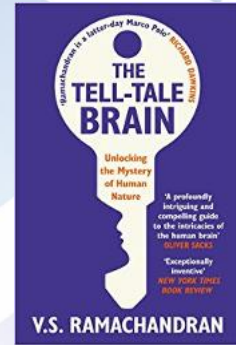
- The Brain that Changes Itself by Norman Doidge
  - **What's it about?** How our brains are plastic and can physically change throughout our lives.
  - **What topics is it useful for?** Research methods, Psychopathology, Memory, Biopsychology.
  - **Difficulty Level:** \*\*\*\*
  - **Rating:** \*\*\*\*\*
  
- The Brain: The story of you by David Eagleman
  - **What's it about?** How the brain influences our behaviour.
  - **What topics is it useful for?** Psychopathology, Schizophrenia, Biopsychology, Attachment, Memory, Aggression.
  - **Difficulty Level:** \*\*\*\*
  - **Rating:** \*\*\*\*\*
  
- The Centre Cannot Hold by Elvyn R. Saks
  - **What's it about?** An autobiography of someone who has survived schizophrenia.
  - **What topics is it useful for?** Research methods, Psychopathology, Schizophrenia.
  - **Difficulty Level:** \*\*
  - **Rating:** \*\*\*
  
- The Lucifer Effect by Philip Zimbardo
  - **What's it about?** The Stanford Prison study.
  - **What topics is it useful for?** Research methods, Social influence, Aggression.
  - **Difficulty Level:** \*\*\*\*
  - **Rating:** \*\*\*
  
- The man who couldn't stop by David Adam
  - **What's it about?** The history of OCD told from the perspective of someone with the disorder.
  - **What topics is it useful for?** Psychopathology, Approaches.
  - **Difficulty Level:** \*\*\*
  - **Rating:** \*\*\*\*\*



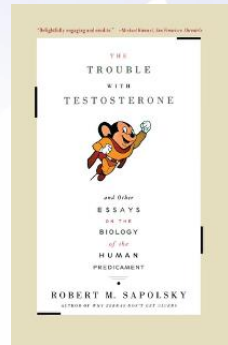
- The man who mistook his wife for a hat by Oliver Sacks
  - **What's it about?** Interesting case studies of brain-damaged patients.
  - **What topics is it useful for?** Approaches, Issues and debates, Biopsychology.
  - **Difficulty Level:** \*\*\*\*\*
  - **Rating:** \*\*\*
  
- The man who shocked the world by Thomas Blass
  - **What's it about?** A biography of Stanley Milgram.
  - **What topics is it useful for?** Social influence, Aggression, Approaches.
  - **Difficulty Level:** \*\*\*
  - **Rating:** \*\*\*\*
  
- The memory illusion by Julia Shaw
  - **What's it about?** Problems with memory, particularly eye witness testimony.
  - **What topics is it useful for?** Research methods, Memory.
  - **Difficulty Level:** \*\*\*
  - **Rating:** \*\*\*\*\*
  
- The psychopath test by Jon Ronson
  - **What's it about?** A journalist's investigation into what makes someone a psychopath.
  - **What topics is it useful for?** Research methods, Psychopathology, Issues and debates.
  - **Difficulty Level:** \*\*\*
  - **Rating:** \*\*\*\*\*
  
- The Skeleton Cupboard by Tanya Byron
  - **What's it about?** A collection of stories from the early career of a clinical psychologist.
  - **What topics is it useful for?** Psychopathology, Schizophrenia.
  - **Difficulty Level:** \*\*
  - **Rating:** \*\*\*\*



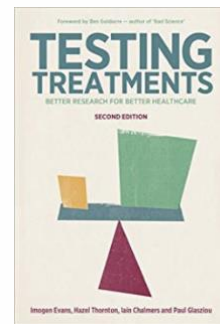
- The Tell-Tale Brain by V.S. Ramachandran
  - **What's it about?** The way the brain perceives the world.
  - **What topics is it useful for?** Research methods, Biopsychology.
  - **Difficulty Level:** \*\*\*\*\*
  - **Rating:** \*\*\*



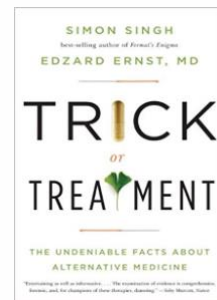
- The Trouble with Testosterone by Robert Sapolsky
  - **What's it about?** The effect of testosterone on human behaviour, namely aggression.
  - **What topics is it useful for?** Aggression, Biopsychology, Approaches.
  - **Difficulty Level:** \*\*\*\*
  - **Rating:** \*\*\*



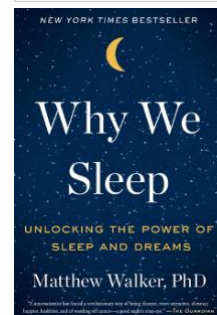
- Testing Treatments by Imogen Evans
  - **What's it about?** How to do research properly.
  - **What topics is it useful for?** Research methods, Psychopathology, Schizophrenia.
  - **Difficulty Level:** \*\*\*\*\*
  - **Rating:** \*\*\*\*



- Trick or Treatment by Simon Singh and Edzard Ernst
  - **What's it about?** Bogus science and how to detect it.
  - **What topics is it useful for?** Research methods, Psychopathology, Schizophrenia.
  - **Difficulty Level:** \*\*\*\*
  - **Rating:** \*\*\*\*



- Why We Sleep by Matthew Walker
  - **What's it about?** Why we sleep!
  - **What topics is it useful for?** Research methods, General Interest.
  - **Difficulty Level:** \*\*\*
  - **Rating:** \*\*\*\*



- Why love Matters by Sue Gerhardt
  - **What's it about?** Why loving relationships are essential to brain development.
  - **What topics is it useful for?** Attachment.
  - **Difficulty Level:** \*\*\*
  - **Rating:** \*\*\*\*\*

