### Chichester College

# FRESHERS SURVIVAL PACK 2023-24



Chichester College Group



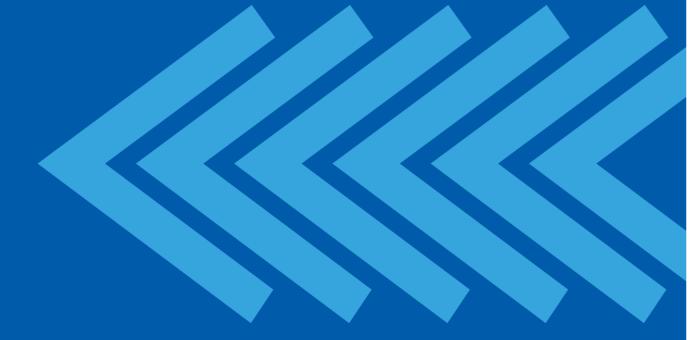
# A BIG WELCOME TO CHICHESTER COLLEGE

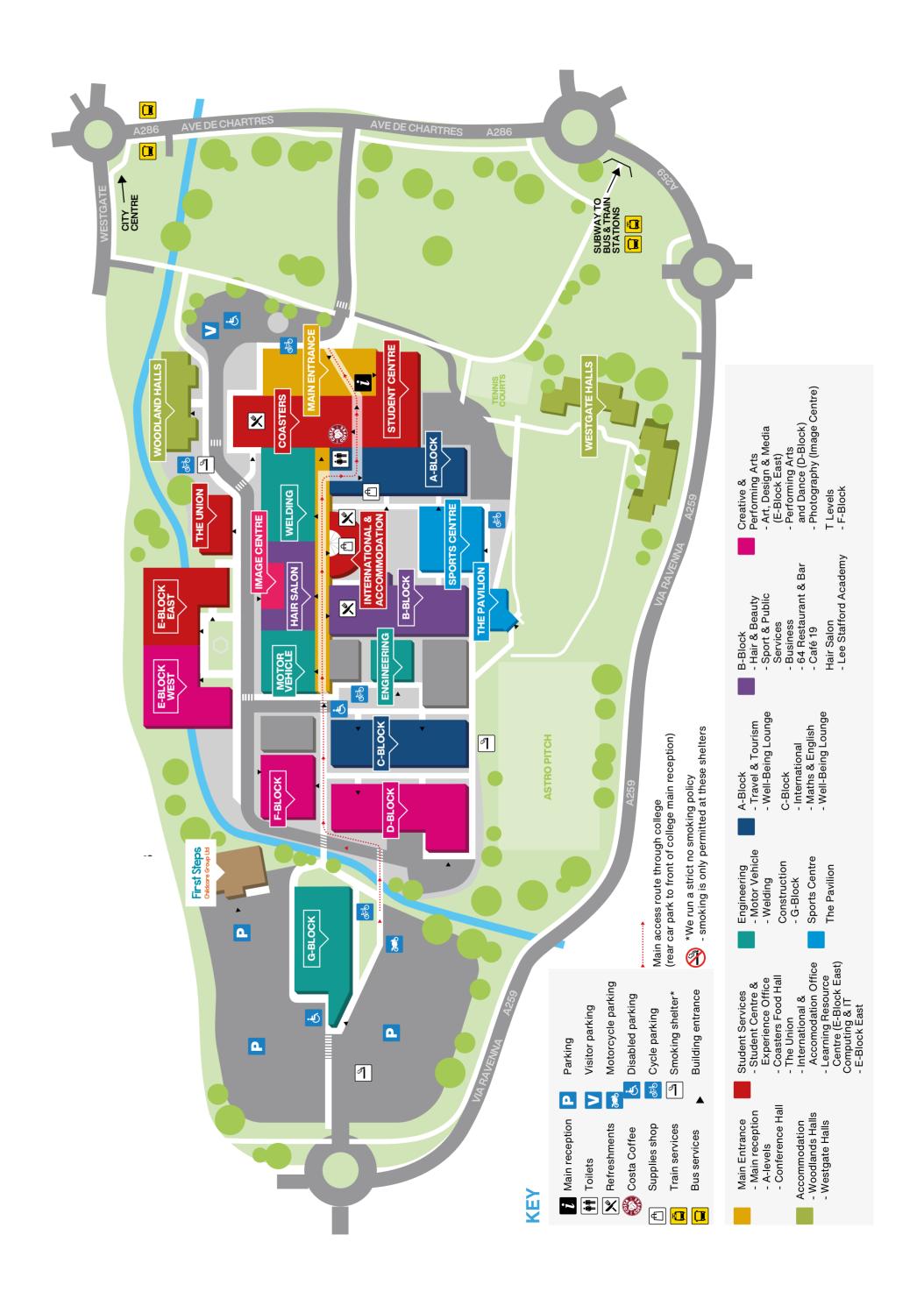
We want you to make the most of your time with us.

To help you to do that, we have put together this guide which provides information about the opportunities and services that are on offer to you across the college.

We look forward to meeting you in the coming weeks.

#### The Student Experience Team





## TERM DATES

#### Autumn Term 2023

Monday, 4 September to Friday, 15 December 2023 Half Term Monday, 23 October to Friday, 27 October 2023

#### Spring Term 2024

Thursday, 4 January 2024. Thursday, 28 March 2024 Half Term Monday, 12 February to Friday, 16 February 2024 Easter Break 29 March 2024 – 12 April 2024

#### Summer Term 2024

Monday, 15 April 2024 - Friday, 21 June 2024 Half Term Tuesday, 28 May to Friday, 31 May 2024

### Staff Development Days (no classes)

Tuesday, 26 September 2023 Thursday, 9 November 2023 Wednesday, 3 January 2024 Tuesday, 5 March 2024

#### Bank Holidays

Monday, 1 January 2024 Friday, 29 March 2024 Monday, 1 April 2024 Monday, 6 May 2024 Monday, 27 May 2024 Monday, 28 August 2024





### TRAVEL

There are a variety of travel discounts available to students on both the buses and the trains. For more information on applying for them pick up a leaflet from Student Finance or your Pastoral Support Tutor. To find out if you are eligible for support check out the college website and apply online. Travel Discounts & Financial Support



### PARKING

Parking is available onsite, with low daily charges. However, spaces are in high demand and are not guaranteed. You'll also need to pre-register your car for an e-Permit. You can find out more on our website. <u>Travelling to Chichester College</u>

## COLLEGE RESPONSIBILITY

Keeping you on track! If the college has any concerns regarding progress, behaviour or any incidents stopping you from learning, our Positive Behaviour Management Policy will be used to get you back on track. The college may assign a Pastoral Support Tutor to work with you to help you get yourself back on track and support you through the college referral process. You can find out more about Pastoral Support Tutors in Pastoral Support Tutor Hub on your campus.

### YOUR RESPONSIBILITY

It's your responsibility to:

**A**- ATTEND: 100% attendance at lessons and tutorials; be on time for lessons; report absences promptly.

**B** - Behave: Cooperate with staff and other students; treat people with respect; follow college rules in and out of the classroom.

**C**- Commit: Accept responsibility for your learning; work to the best of your abilities to meet your targets; meet your deadlines; contribute positively to the college community.





An exciting online system which stores all of your course information in once place, so you can review your progress at any time.

You can view your timetable and track your attendance, check your targets, assignments, skills and grades, and view your Xtra work placements and enrichment activities. You can also message your tutors from C-Space.

Log on via CCG Online to explore your personal profile.

### **CCG ONLINE**

CCG Online is your virtual college world, with vital information about courses and assignments as well as all the information you need about support services. Be sure to check in regularly.



### STUDENT FINANCE

Learning Support Grants are available to support you with a range of expenses including, travel, books, uniform, equipment, or PPE. We also operate the Government's 'Care to Learn' scheme for students ages between 16 and 19 with childcare needs. If you received free meals at school you could be eligible for a free lunch at college. To find out if you are eligible for any of this support you can contact the Student Finance team on **01243 786321** ext **2325**, look on CCG Online for details, speak to your Pastoral Support Tutor or drop an email to **studentfinance@chigroup.ac.uk** 

Fee Guidance & Financial Support | Chichester College

## PASTORAL SUPPORT TUTORS

If you aged 16-19, you will meet your Pastoral Support Tutor during Induction week and they are your very own mentor and coach to help you navigate the challenges that life at college can bring. Your Pastoral Support Tutor will monitor your progress and welfare to help you reach your full potential, work closely with you through personalised one to one meetings that review, record, and celebrate your progress and achievements, set SMART targets to help you reach your future goals, offer you confidential and professional advice, and work with your course group to deliver our unique ACES programme. You can contact them in person by visiting their Hub in Student Services, also by telephone, email, TEAMS and Facebook. Visit CCG Online to find out more. If you are aged 19+ then your course leader will offer you support.

### PARENTS & GUARDIANS

All support for students is important. For students aged 14-18 the college will work with you to keep your parents and guardians informed of your progress and needs. Throughout the year there will be opportunities for you and people who support you to communicate with your course teams and Pastoral Support Tutor. This will help you to achieve the very best that you can.

### KEEP SAFE AT COLLEGE

Are you or someone you know at risk of harm? Do you need help to keep yourself or someone else safe? Call: **01243-786321 ext 5555** Email: **StaySafe@chichester.ac.uk** 

### ADDITIONAL SUPPORT

Chichester College is committed to providing high quality experiences for everyone and we welcome students with a range of learning, mental or medical needs to our community. We treat any information with sensitivity and only pass on information to others with your consent. You can find us in E125 above Open Access or on the 1st floor of B Block.

### PROGRESSION PLUS (#)

The Progression+ team includes experts in admissions, careers, higher education, work experience and apprenticeships. The team offers advice and guidance, helping with all aspects of careers and progression which includes applying for courses, interview tips, CV writing, application forms, job and apprenticeship searches, and gap year opportunities. We can help you to plan and progress onto work-based learning, employment, or higher education. We will support your UCAS application, help you to write your personal statement, and provide information on Student Finance. We can assist with visits to local universities and open days, and arrange careers related events in conjunction with faculties. To find out more or book an appointment call **01243 786321** ext **2539** or email **progressionplus@chichester.ac.uk** 

### WORK EXPERIENCE

#### Get ready for the working world...

Work experience is integral to some courses. It helps build on your employability skills and makes you more attractive to potential employers. There are also a range of volunteering opportunities available to boost your CV and your experience. Speak to Progression+ or your course team to find out more about work experience. Contact your student experience team to discuss volunteering opportunities.

# LIBRARY RESOURCES

The library at Chichester has all the resources and facilities you need to help you complete your assignments. There you will find a calm, spacious, well-stocked environment for quiet study, with textbooks and revision guides to support your courses, fiction and well-being books, journals and magazines, DVDs, drop-in computer access, WiFi printers and photocopiers, stationery shop and support with referencing, research and study skills. Login via our CCGOnline link to get free access to academic online materials like e-books, e-journals and subject resources, available anywhere 24/7. The staff are friendly and knowledgeable and will always help you. There is no need to join just come along with your College ID card.

#### **Opening Times for Chichester Library:**

**Term Time** Monday – Thursday 8.30am – 7.00pm Friday 8.30am – 5.00pm

Non-term Time: Monday – Friday 9.00am – 5.00pm

Search our Library Catalogue here: www.catalogue.chigroup.ac.uk

For more information contact the library team: Email: LRC@chichester.ac.uk Call: 01243 812214



## **BE HEALTHY**

### Smoking:

Chichester College maintains a non-smoking policy in line with national legislation. This means that we take into account the needs of those of you who smoke and provide support for people who wish to give up. Smoking onsite is only allowed in the designated areas outside college buildings – everywhere else is a smoke free zone.

#### Counselling:

Sometimes emotional problems can get in the way of you achieving your goals. The college counselling team are on hand to offer free, professional, impartial and confidential advice.

To access the service please contact the counselling team on **01243 781424** or ask your Pastoral Support Tutor to support your request for assistance.

#### **Sexual Health:**

You can access sexual health clinics at your campus. This is a free and confidential service. For full details talk to your Pastoral Support Tutor or look out for adverts on the posterboards and screens around the college.



Chichester Student Union (SU) is a huge part of college life. Every student is a member of the Student Union when they enrol and the SU represents the student body at all levels ensuring that your opinions are heard in every decision the college makes.

You can easily get involved by becoming a Student Representative and a member of the Student Executive.

### SU CONTACT DETAILS



Megan Rimer Student President

Location: Student Centre 01243 786321 ext 2507

STEX@chigroup.ac.uk

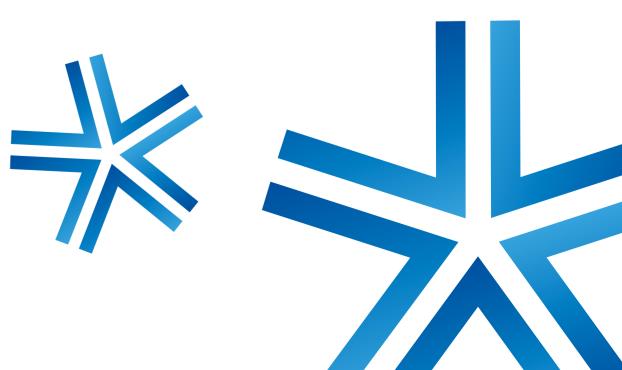


Mickey Day Senior Student Experience Co-Ordinator

**Location: Student Centre** 

01243 786321 ext 2507

mickey.day@chichester.ac.uk



## STUDENT REPRESENTATIVE

Every course at your college has a Student Representative and it is a great role to take on, helping to ensure that you and the students you study with have the best possible experience while at college.

#### How do you become a Student Rep?

Student Reps are elected within their PDP sessions during week 3 of the academic year. Put yourself forward and be the voice of your class

#### What do Student Reps have to give?

Time and commitment by attending cross college student conferences and curriculum specific meetings once a term. Use your voice to share your peers' opinions and suggestions on any issue that they wish to highlight ideas-These can be your own suggestions or ideas that have come from peers or friends. You can bring anything forward for consideration.

#### What do Student Reps get in return?

- > Feedback from every meeting you attend.
- A dedicated team available to answer your questions.
- Lunch! Our way of saying 'Thank You' for attending conference and supporting student voice.
- Connections with students from outside your course group, widening your social circle.
- New skills to enhance your CV.
- Help to run your student union by getting involved & supporting the events and fundraisers.

### STUDENT EXECUTIVE

Anyone can put themselves forward to be a member of the Student Executive. Sign up at the first Student Conference.

#### What does a Student Executive have to give?

Time & commitment by attending weekly Student Executive meetings, Student Committees once a term with College Governors and cross college student conferences once a term.

#### Opinions

Not necessarily your own as you are there to represent the whole student body. You will be required to go out and collect views via surveys etc.

#### Get involved!

You will be leading on engagement within the Student Union and Xtra activities and trips.

#### What does a Student Executive get in return?

- Additional 1:1s with your Student Experience Team to check that you are on target to meet your personal goals, every term.
- A free hoodie to help identify you as one of the Student Executives at events and activities throughout the year.
- Connections are made through the opportunities created by your involvement in the Student Union.
- CV enhancement by gaining skills, certificated training and experience in this unique voluntary role.

### YOUR EXPERIENCE YOUR FUTURE



Your academic achievement and gaining your qualifications are important, however they aren't the only things those potential employers look for. Under the Xtra banner you will find a whole host of opportunities to explore who you are and what you love. Join us for a range of free activities that suit all interests and hobbies. Play sport, get creative and meet new people. Join us on one of our day trips to Thorpe Park, or Go-Karting, or come with us on a volunteering adventure to Kenya or for some Turtle Conservation in Greece – Join us & **#GetSomeXtra** 

### TRAVEL THE WORLD WITH XTRA

Every year the Student Union takes students worldwide having previously visited New York, Kenya, Disneyland Paris, Costa Rica and many other destinations. Speak to your Student Experience Team for more information on trips!





SPORT AT CHICHESTER

As a student at Chichester College, you'll benefit from being able to join and train with a number of official sports clubs. From running to rugby, we've got opportunities for everyone – whether you want to play competitively or just keep fit. Most of our teams compete regionally, and you'll find information about how to join below.

### Our Clubs

- > Basketball
- > Volleyball
- > Football
- > Female Football Academy
- Netball
- > Running/Athletics
- Rugby Academy
- > Badminton

For further information register online or contact Steve Woolcombe.

#### **Trial Day**

Chichester College is holding a trial day for all college sports teams/clubs: The trial day is Friday 08 September. Meet at the Sports Centre for 09.30, the day will start at 10.00 and should be finished by 16.00. If you're a college student or have applied to start in September 2023, and you're under 19 years of age, you are eligible to join our trial sessions.

The meeting point will be at the Chichester College Sports Centre, where our coaches will guide you to either our Front Lawn, Sports Hall or Astro (depending on sport) to start the sessions. Our coaches and instructors will be setting up training events and small-sided games as part of the trials, so you'll need to bring clothing and footwear appropriate for your chosen sport (eg. boots for football/rugby). Female football trials will be on the Astro, so players will need to have Astro trainers.

**Register for Trial Day Online.** 



### THE CHICHESTER COLLEGE GYM

Starting college can be stressful, so it's important to maintain a healthy lifestyle to take care of both your physical and mental health. As well as offering you a wealth of physical benefits, regular exercise is also really good for your mental health – so why not check out our onsite gym?

The Gym was completely refurbished in 2019 and is fully-equipped with a comprehensive range of state-of-the-art equipment. From cardio equipment, to weightlifting platforms and resistance training kit – we've got you covered! And whatever your fitness goals, you'll be supported by our experienced team of instructors.

There's also a wide range of fitness classes to choose from, all led by our expert team. From spin classes to Pilates and many more, there really is something for everyone.

The Gym also offers a flexible range of value memberships – starting from just £12.50 per month! Find out more on the website: chichester.ac.uk/the-sports-centre/the-gym



#### Prices

#### Just the gym:

- > £15 per month (direct debit)
- £17.50 per month (cash monthly rolling)
- £75 for 6 months
- £135 for the year
- £8 Pay-As-You-Go

#### All-inclusive (gym and fitness classes):

- > £22.50 per month all inclusive (classes and gym)
- > £220 for the year

#### Contact us:

If you have any questions, get in touch with the gym. They are there to help and would love to hear from you.

#### Tel: 01243 812936

Email: sportscentre@chichester.ac.uk

#### Follow us on social media:

Also, be sure to give the gym a follow on social media. This is where you will find important updates, as well as keeping up-to-date with what is going on and any special offers!







### OUR STUDENT LEADERS



**Blake Millar** 









# COME FOLLOW US



Gehichestersu



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