

Library Resource List for Children's Health and Wellbeing

Books

This is a selection of the books that **Crawley Library, West Sussex** have, which can be borrowed or reserved free of charge.

Crawley Library

Shelved at 155.4

- Health and well-being in early childhood – Janet Rose
- What children need to be happy, confident and successful, step by step positive psychology to help children flourish – Jeni Hooper (WS)

Shelved at 305.23

- Contemporary Childhood (2017) - Sean MacBlain **Chapter 3**

Shelved at 362.2043

- Supporting troubled young people: a practical guide to helping with mental health problems (2019) – Steven Walker

Shelved at 370.1534

- Building confidence, resilience and emotional intelligence in young children (2020) – Jamie Barnes (**Also available as an ebook**)

Shelved at 371.71

- Supporting children's health and wellbeing (2017) – Jackie Musgrave

Shelved at 372.21

- Promoting young children's emotional health and wellbeing (2017) – Sonia Mainstone- Cotton
- Early Years Handbook for Students and Practitioners (2016) - Lynn Trodd (Ch14: Holistic Development: Children's Health & Wellbeing)
- Speech, language, and communication for healthy little minds (2024) – Becky Poulter (**372.622**)

Shelved at 613.0432

- Baby and child health – Carolyn Meggitt (2001)
- Children's Health for Dummies – Katy Holland (2005)

Shelved at 618.92

- Young children's health and wellbeing, from birth to eleven – Helen Cazaly (2022)
- Guide to the mental health of children and young people – Meinou Simmons (2023) (**618.9289**)
- Dr Dawn's guide to toddler health – Dawn Harper
- Your healthy child. Rev. ed, a practical guide to over 80 childhood complaints – Miriam Stoppard

Shelved at 649.1

- Growing up happy, ten proven ways to increase your child's happiness and well-being – Alexia Barrable
- How to have healthy happy children, the 10 step plan – Kristina Murrin
- Childcare and Education. 6th ed – Carolyn Meggitt (Chapters 14, 15 & 16)
- Baby & child health, everything you need to know – Dr Phillipa Kaye (**649.4**)



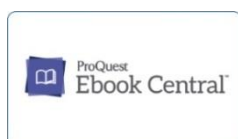
Online Resources

Access via Crawley Library Moodle Pages on CCG Online

Direct access in College or via Shibboleth outside College using your College Office 365 email login



eBooks



- Developing Professional Practice. 2nd ed – Sonia Blandford Part III: Health, Happiness & Wellbeing.
- Holistic care & development of children from birth to 3 – Kathie Brodie
- CACHE Level 3 Childcare & Education – C. Meggitt Unit 2: Children's Health & Wellbeing
- Building confidence, resilience and emotional intelligence in young children (2020) – Jamie Barnes



- The School of Well-being: 12 Extraordinary Projects Promoting Children's Young People's Mental Health & Happiness (2017) – Jenny

ISSUES Online

Statistics and articles on contemporary social issues including Health & Wellbeing topics: Articles include:

- Children's Wellbeing & Social Relationships, UK 2018
- Children's Wellbeing not negatively affected by living in single parent households



Magazines

Nursery World can be accessed online via Crawley Library Moodle page on CCG Online or www.nurseryworld.co.uk

In College: Direct access through any PC.

Outside College. Sign in by Institutional account and type *Chichester College Group* and then **Find**. Then login via Shibboleth using your College email and password.



Academic Search Elite– Provides access to to acclaimed full text scholarly articles, magazines. Search “children’s wellbeing” in the UK” limit to Full text and Geography to Great Britain. Lots of articles!

SAGE journals

Excellent world class research journals database



A database of the largest and most authoritative collections of online journals and research resources, covering life, health, social and physical sciences .



- Junk Food Kids: Who's to Blame?
- Planet Child

Useful Websites:

www.nhs.uk/chq



Topic on [Children's Health](#)