

# Library Resource List for Counselling



## Books

This is a selection of the books that **Crawley Library, West Sussex** have, which can be borrowed or reserved free of charge.

### Crawley Library

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#### *Shelved at 158.3*

- Learning and Being in Person-Centred Counselling. 3<sup>rd</sup> ed – Tony Merry (2020)

#### *Shelved at 361.06*

- Counselling Skills and Studies. 2<sup>nd</sup> ed – Fiona B. Dykes (2017)
- Learning to Counsel. 4<sup>th</sup> ed – William Stewart & Jan Sutton (2017)
- Learning to Counsel. 3<sup>rd</sup> ed – Jan Sutton & William Stewart (2008)
- Practical Counselling and Helping Skills. 6<sup>th</sup> ed -Richard Nelson Jones (2014)
- The Sage Handbook of Counselling & Psychotherapy – ed Colin Feltham (2012)
- Counselling Skills. 2<sup>nd</sup> ed – Jennie Lindon (2008)
- The Skilled Helper. 7<sup>th</sup> ed – Gerard Egan (2002) **11<sup>th</sup> ed 2019 Purchase**
- Exercises in Helping Skills: A Manual to Accompany the Skilled Helper. 7<sup>th</sup> ed – Gerard Egan (2002)
- Skilled Helping Around the World – Gerard Egan (2002)
- A Practical Approach to Counselling. 2<sup>nd</sup> ed – Margaret Hough (2002)
- On Becoming a Counsellor. Revised ed – Eugene Kennedy & Sara Charles (2001)

#### *Shelved at 361.323*

- First Steps in Counselling. 5<sup>th</sup> ed – Pete Sanders (2021)
- First Steps in Counselling. 4<sup>th</sup> ed – Pete Sanders (2011)
- Person-Centred Counselling in Action. 3<sup>rd</sup> ed – Dave Mearns & Brian Thorne (2007)
- Handbook of Counselling. 2<sup>nd</sup> ed – ed Stephen Palmer (1997)
- Dictionary of Counselling – Colin Feltham (1993)
- Listening Helpfully: How to Develop Your Counselling Skills – Jeanne Ellin (1994)
- Next in Steps Counselling – Alan Frankland & Pete Sanders (1995)
- What is Counselling? – Colin Feltham (1995)
- Helping Others: Ways of Listening, Sharing and Counselling – Robert Wicks (1982)

#### *Shelved at 361.363*

- Counselling Skills and Theory. 5<sup>th</sup> ed – Margaret Hough (2021) **available as an ebook**
- Counselling Skills and Theory. 4<sup>th</sup> ed (- Margaret Hough (2014)
- Integrative Counselling Skills in Action. 2<sup>nd</sup> ed – Sue Culley & Tim Bod (2004)

#### *Shelved at 361.4*

- Basic Groupwork. 2<sup>nd</sup> ed – Tom Douglas (2000)

#### *Shelved at 616.891*

- Counselling Skills. 2<sup>nd</sup> ed – John & Julia McLeod (2011)
- Healing Relationship in Gestalt Therapy – Richard Hycner (1995)
- Individual Counselling Theory and Practice – Douglas Nicolson & Harry Ayres (1995)
- Adult Attachment and Couple Psychotherapy – ed C. Clulow (2001)
- Counselling Supervision: Theory, Skills and Practice – Michael Carroll (1996)
- Failures in Group Work – Robert Conyne (1999)
- Group Counselling – Keith Tudor (1999)
- Small Groups in Counselling and Therapy – Barbara Posthuma (1996)
- Self Experiences in Group – ed Iren Harwood (1998)
- Group Activities for Personal Development – Sheena Duboust
- Creative Connection: Expressive Arts as Healing – Natalie Rogers (1993)
- On Learning from the Patient – Patrick Casement (1995)
- Counselling Couples (Counselling in Practice Series) – Donald L. Bubenzer & John D. West (1993)
- Counselling Adults with Learning Disabilities – Sally Hodges (2003)

- Supervision of Psychotherapy & Counselling – ed Geraldine Shipton (1997)
- Addictions Counselling – Dianne Doyle Pita (1992)
- Challenges to Counselling and Psychotherapy – Alex Howard (1996)
- Gender Power & Relationships – ed Charlotte Burck (1995)
- Developing Self- Acceptance: A Brief, Educational Small Group Approach – Windy Dryden (1998)
- Developing the Practice of Counselling - Windy Dryden & Colin Feltham(1994)
- Counselling with Dreams and Nightmares (Counselling in Practice Series) – Delia Cushway (1992)
- Counselling & Helping – Stephen Murgatroyd (1985)
- The Art of Counselling – Rollo May (1989)
- Healing Pain: Attachment, Loss and Grief Therapy – Nini Leick (1991)
- Working with Religious Issues in Therapy – Robert Lovinger (1984)
- The Impossibility of Sex – Susie Orbach (1999)
- Skills Training for Counselling – Francis Inskipp (1996)
- Living with ‘The Gloria Films’ – Pamela Burry (2008)
- John Bowlby and Attachment Theory. 2<sup>nd</sup> ed – Jeremy Holmes ( 2014)
- The Stresses of Counselling in Action – ed Windy Dryden (1995)

**Shelved at 616.8914**

- Counselling & Psychotherapy Research Handbook - ed Andrea Vossler & Naomi Moller (2015)
- Handbook of Individual Therapy. 6<sup>th</sup> ed - Windy Dryden & Andrew Reeves (2014)
- Storymaking in Education & Therapy – Alida Gersie & Nancy King (1990)
- Existential Time-Limited Therapy – Freddie & Alison Strasser (1997)

**Shelved at 616.89145**

- Introduction to Transactional Analysis – Phil Lapworth & Charlotte Sills (2011)
- Gestalt Counselling in Action. 4<sup>th</sup> ed- Petruska Clarkson & Simon Cavicchia (2013)
- Gestalt Counselling in a Nutshell – Gaie Houston (2013)
- Skills in Gestalt Counselling & Psychotherapy. 3<sup>rd</sup> ed – Phil Joyce & Charlotte Sills (2014) **4<sup>th</sup> ed 2018**  
**Purchase?**



## Online Resources

### Access via Crawley Library Moodle Pages on CCG Online

Direct access in College or via Shibboleth outside College using your College Office 365 email and password



## eBooks

ProQuest  
Ebook Central

- Counselling Skills and Theory. 5<sup>th</sup> ed – Margaret Hough (2021)
- Counselling Skills in Context – Sally Aldridge (2001)

- Challenges in Counselling: Loss – Sally Flatteau
  - Challenges in Counselling: Student Counselling – Kirsten Amis
  - Challenges in Counselling: Research James Carmichael
  - Counselling...Me? Guide to Talking Therapies – Jonathan Ingrams
  - Understand Counselling – Aileen Milne
  - Person Centred Counselling for Trans & Gender Diverse People – Sam Hope (2019)
  - Counselling and Psychotherapy with Older People in Care – Felicity Chapman (2018)
  - Listening to Less Heard Voices: Developing Counsellor’s Awareness – Peter Madson Gubi
  - Counselling Skills for Working with Trauma – Christiana Sanderson
- Also ebooks on counselling in palliative care, children, dementia, suicide, domestic abuse, supervision.

## Online Journal Research Databases



**Academic Search Elite**– Provides access to to acclaimed full text scholarly articles, magazines. Search limit to Full text and Geography to Great Britain.  
Includes **British Journal of Guidance and Counselling**



Includes journals on health and medicine and has articles on counselling.



Excellent world class research journals database



A database of the largest and most authoritative collections of online journals and research resources, covering life, health, social and physical sciences.

Includes journal, **Counselling and Psychotherapy Research**