

Library Resource List for Counselling



Books

This is a selection of the books that **Crawley Library, West Sussex** have, which can be borrowed or reserved free of charge.

Crawley Library

Shelved at 158.3

- Learning and Being in Person-Centred Counselling. 3rd ed – Tony Merry (2020)

Shelved at 361.06

- Counselling Skills and Studies. 3rd ed – Fiona B. Dykes (2024)
- Learning to Counsel. 4th ed – William Stewart & Jan Sutton (2017)
- First Steps in Counselling. 5th ed – Pete Sanders (2021)
- Practical Counselling and Helping Skills. 6th ed -Richard Nelson Jones (2014)
- The Sage Handbook of Counselling & Psychotherapy – ed Colin Feltham (2012)
- The Skilled Helper. 7th ed – Gerard Egan (2002)
- Exercises in Helping Skills: A Manual to Accompany the Skilled Helper. 7th ed – Gerard Egan (2002)
- Skilled Helping Around the World – Gerard Egan (2002)
- A Practical Approach to Counselling. 2nd ed – Margaret Hough (2002)
- On Becoming a Counsellor. Revised ed – Eugene Kennedy & Sara Charles (2001)

Shelved at 361.323

- Person-Centred Counselling in Action. 4th ed – Dave Mearns & Brian Thorne (2013)
- Handbook of Counselling. 2nd ed – ed Stephen Palmer (1997)
- Dictionary of Counselling – Colin Feltham (1993)
- Listening Helpfully: How to Develop Your Counselling Skills – Jeanne Ellin (1994)
- Next in Steps Counselling – Alan Frankland & Pete Sanders (1995)
- What is Counselling? – Colin Feltham (1995)
- Helping Others: Ways of Listening, Sharing and Counselling – Robert Wicks (1982)

Shelved at 361.363

- Counselling Skills and Theory. 5th ed – Margaret Hough (2021) **available as an ebook**
- Integrative Counselling Skills in Action. 2nd ed – Sue Culley & Tim Bod (2004)

Shelved at 361.4

- Basic Groupwork. 2nd ed – Tom Douglas (2000)

Shelved at 616.891

- Counselling Skills. 2nd ed – John & Julia McLeod (2011)
- Healing Relationship in Gestalt Therapy – Richard Hycner (1995)
- Individual Counselling Theory and Practice – Douglas Nicolson & Harry Ayres (1995)
- Adult Attachment and Couple Psychotherapy – ed C. Clulow (2001)
- Counselling Supervision: Theory, Skills and Practice – Michael Carroll (1996)
- Failures in Group Work – Robert Conyne (1999)
- Group Counselling – Keith Tudor (1999)
- Small Groups in Counselling and Therapy – Barbara Posthuma (1996)
- Self Experiences in Group – ed Iren Harwood (1998)
- Group Activities for Personal Development – Sheena Duboust
- Creative Connection: Expressive Arts as Healing – Natalie Rogers (1993)
- On Learning from the Patient – Patrick Casement (1995)
- Counselling Couples (Counselling in Practice Series) – Donald L. Bubenzer & John D. West (1993)
- Counselling Adults with Learning Disabilities – Sally Hodges (2003)
- Supervision of Psychotherapy & Counselling – ed Geraldine Shipton (1997)
- Addictions Counselling – Dianne Doyle Pita (1992)
- Challenges to Counselling and Psychotherapy – Alex Howard (1996)
- Gender Power & Relationships – ed Charlotte Burck (1995)

- Developing Self- Acceptance: A Brief, Educational Small Group Approach – Windy Dryden (1998)
- Developing the Practice of Counselling - Windy Dryden & Colin Feltham(1994)
- Counselling with Dreams and Nightmares (Counselling in Practice Series) – Delia Cushway (1992)
- Counselling & Helping – Stephen Murgatroyd (1985)
- The Art of Counselling – Rollo May (1989)
- Healing Pain: Attachment, Loss and Grief Therapy – Nini Leick (1991)
- Working with Religious Issues in Therapy – Robert Lovinger (1984)
- The Impossibility of Sex – Susie Orbach (1999)
- Skills Training for Counselling – Francis Inskipp (1996)
- Living with 'The Gloria Films' – Pamela Burry (2008)
- John Bowlby and Attachment Theory. 2nd ed – Jeremy Holmes (2014)
- The Stresses of Counselling in Action – ed Windy Dryden (1995)

Shelved at 616.8914

- Counselling & Psychotherapy Research Handbook - ed Andrea Vossler & Naomi Moller (2015)
- Handbook of Individual Therapy. 6th ed - Windy Dryden & Andrew Reeves (2014)
- Existential Time-Limited Therapy – Freddie & Alison Strasser (1997)

Shelved at 616.89145

- Introduction to Transactional Analysis – Phil Lapworth & Charlotte Sills (2011)
- Gestalt Counselling in Action. 4th ed- Petruska Clarkson & Simon Cavicchia (2013)
- Gestalt Counselling in a Nutshell – Gaie Houston (2013)
- Skills in Gestalt Counselling & Psychotherapy. 3rd & 4th eds – Phil Joyce & Charlotte Sills (2014 & 2018)



Online Resources

Access via Crawley Library Moodle Pages on CCG Online

Direct access in College or via Shibboleth outside College using your College Office 365 email and password



eBooks



- [Counselling Skills and Theory. 5th ed – Margaret Hough \(2021\)](#)
- [Counselling Skills in Context – Sally Aldridge \(2001\)](#)
- [Key Concepts in Counselling and Psychotherapy – Vicki Smith](#)

- Challenges in Counselling: Loss – Sally Flatteau
 - Challenges in Counselling: Student Counselling – Kirsten Amis
 - Challenges in Counselling: Research James Carmichael
 - Counselling...Me? Guide to Talking Therapies – Jonathan Ingrams
 - Understand Counselling – Aileen Milne
 - Person Centred Counselling for Trans & Gender Diverse People – Sam Hope (2019)
 - Counselling and Psychotherapy with Older People in Care – Felicity Chapman (2018)
 - Listening to Less Heard Voices: Developing Counsellor's Awareness – Peter Madson Gubi
 - Counselling Skills for Working with Trauma – Christiana Sanderson
- Also ebooks on counselling in palliative care, children, dementia, suicide, domestic abuse, supervision.



Ebsco Discovery provides an easy way to search online journals, books and articles by providing a single search box to explore many databases, including Ebsco ebooks, Academic Search Elite, Oxford Academic Journals, Sage and Wiley

Online Journal Research Databases

Academic Search
Elite

Academic Search Elite– Provides access to to acclaimed full text scholarly articles, magazines. Search limit to Full text and Geography to Great Britain.
Includes **British Journal of Guidance and Counselling**

OXFORD
ACADEMIC

Includes journals on health and medicine and has articles on counselling.

Sage Journals

Excellent world class research journals database

WILEY Online Library

A database of the largest and most authoritative collections of online journals and research resources, covering life, health, social and physical sciences.

Includes journal, **Counselling and Psychotherapy Research**