

Library Resource List for Food Safety and Nutrition

Books

This is a selection of the books that **Crawley Library, West Sussex** have, which can be borrowed or reserved free of charge.

Crawley Library

Shelved at 363.192

- A-Z of Food Safety – Stranks, J W (2007)
- City & Guilds Food Safety Training Manual – Jarrett, P (2012)
- Hobbs's Food Poisoning and Food Hygiene 7th ed – MacLaughlin, J 2007

Shelved at 613.2

- Food for Life – Spector, T (2022)
- Essential Guide to food for Health – Kirkham, S (2020)
- Healthy eating – Lobhan, D (2022)
- Food & Nutrition Acred, C (2018)
- Complete guide to Nutrients – Sharon, M (2017)
- Science of Nutrition - Lambert, R (2021)
- The Food Bible – Wills, J (2019)
- Nutrition 4th ed – Webb, G P (2012)



Magazines

Magazine... can be accessed online via Crawley Library Moodle page on CCG



Online Resources

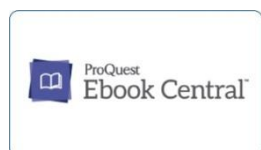
Access via Crawley Library Moodle Pages on CCG Online

Direct access in College or via Shibboleth outside College using your College network and login

Useful search terms: food safety, food hygiene, nutrition



eBooks



- Nutrition: A Practical Approach – LeQuesne, S (2003)



- Foods Safety management – Leilelved, Huub (2014)
- Food Safety: From Farm to Fork - Kiio, J (2020)
- Nutrition: Infants, Adults and Children – Schulz, S (2020)
- Food & Nutrition: What everyone needs to know – Newby, P K (2018)



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eBooks include:

- Healthy eating
- Food & Nutrition



Recorded TV programmes available to watch in College or at home. There is a playlist for Nutrition.

- Food Safety – Skills for Work
- Ultra Processed Food
- Food Allergies
- Food Challenge: Meat vs Vegan
- Food Unwrapped

Useful Websites:

- <https://www.food.gov.uk/>
- <https://www.gov.uk/food-safety-your-responsibilities>
- <https://www.nutrition.org.uk/>
- <https://www.nhs.uk/live-well/eat-well/food-guidelines-and-food-labels/the-eatwell-guide/>
- <https://www.bbc.co.uk/bitesize/groups/c5qrjvnmqet>