

Library Resource List for Autism and Neurodiversity for Teenagers /Young People

Books

This is a selection of the books that **Crawley Library, West Sussex** have, which can be borrowed or reserved free of charge.

Crawley Library

Shelved at 616.85882

- Shake it up: how to be young, autistic and make an impact – Quincy Hansen
- Autism and neurodiversity self-advocacy handbook: developing the skills to determine your own future – Barb Cook & Yenn Purkiss
- Awesome autistic go-to guide: a practical handbook for autistic teens and tweens – Yenn Purkiss **(Also available as an ebook)**
- Autism spectrum disorder, characteristics, causes and practical issues. 3rd ed – Jill Boucher
- Different, not less, a neurodivergent's guide to embracing your true self and finding happily ever after – Chloe Hayden
- Wired differently, 30 neurodivergent people you should know about – Joe Wells **(Teen J616.858)**
- Spectrum girl's survival guide: how to grow up awesome & autistic – Siena Castellon **(Teen J305.9085)**
- ADHD: Your toolkit to understanding and thriving explained – Edward Hallowell
- Pocket guide to neurodiversity – Daniel Aherne **(Also available as an ebook)**

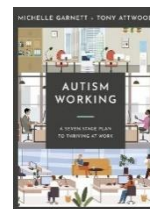


Shelved at 510

- GCSE Maths for neurodivergent learners – Judy Hornigold

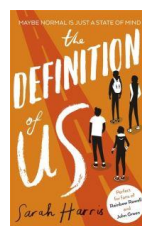
Careers and Work

- Planning your career through your interests: a guide for autistic people – Yenn Purkis **(331.702)**
- Wonderful world of work, a workbook for aspertheens – Jeanette Purkis **(331.595)**
- Autism and working: a seven-stage plan to thriving at work – Michelle Garnett **(331.595)**



Teen Fiction

- The Curious Incident of the Dog in the Night-time – Mark Haddon
- The Definition of Us – Sarah Harris
- The State of Grace – Rachael Lucas
- We are all made of Molecules – Susan Nielsin
- The Paper & Hearts Society – Lucy Powrie
- The Geek Girl – Holly Smale
- Concentr8 – William Sutcliffe
- Queens of Geek – Jen Wilde



Online Resources

Access via **Crawley Library Moodle Pages on CCG Online**

Direct access in College or via Shibboleth outside College using your College Office 365 email and password

eBooks

Useful search terms: autism, neurodiversity



- [Awesome autistic go-to guide: a practical handbook for autistic teens and tweens – Yenn Purkiss](#)
- [Pocket guide to neurodiversity \(2023\) – Daniel Aherne](#)



- [Developing College Skills in Student's with Autism and Asperger's Syndrome – Sarita Freedman \(2010\)](#)
- [60 Social Situations and Discussion Starters to Help Teens on the Autism Spectrum Deal with Friendship, Feelings, Conflict and More: Seeing the Big Picture – Lisa Timms](#)



A database of the largest and most authoritative collections of online journals and research resources, covering life, health, social and physical sciences. Search **autism**
Articles include:

- Autism Spectrum Disorder (ASD)
- Autism and Asperger syndrome



Recorded TV programmes available to watch in College or at home.

- The Autistic Me
- The Autistic Me– One Year On
- My Autism and Me – Newsround Special
- Louis Theroux: Extreme Love – Autism
- Girls with Autism
- Employable me

Useful Websites:

- [National Autistic Society \(autism.org.uk\)](http://autism.org.uk)