

Library Resource List for Autism and Neurodiversity for Teenagers /Young People



Books

This is a selection of the books that **Crawley Library, West Sussex** have, which can be borrowed or reserved free of charge.

Crawley Library

Shelved at 616.85882

- Shake it up: how to be young, autistic and make an impact – Quincy Hansen
- Autism and neurodiversity self-advocacy handbook: developing the skills to determine your own future – Barb Cook & Yenn Purkiss
- Awesome autistic go-to guide: a practical handbook for autistic teens and tweens – Yenn Purkiss **(Also available as an ebook)**
- Autism spectrum disorder, characteristics, causes and practical issues. 3rd ed – Jill Boucher
- Different, not less, a neurodivergent's guide to embracing your true self and finding happily ever after – Chloe Hayden
- Young, autistic and ADHD: moving into adulthood when you're multiply-neurodivergent – Sarah Boon
- Wired differently, 30 neurodivergent people you should know about – Joe Wells **(Teen J616.858)**
- Spectrum girl's survival guide: how to grow up awesome & autistic – Siena Castellon **(Teen J305.9085)**
- ADHD: Your toolkit to understanding and thriving explained – Edward Hallowell
- The ADHD Teen survival guide: your launchpad to an amazing life – Soli Lazarus **(Teen 618.928)**
- Pocket guide to neurodiversity – Daniel Aherne **(Also available as an ebook)**

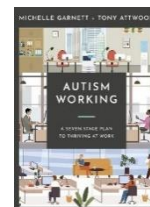


Shelved at 510

- GCSE Maths for neurodivergent learners – Judy Hornigold

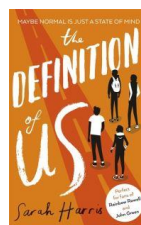
Careers and Work

- Planning your career through your interests: a guide for autistic people – Yenn Purkis **(331.702)**
- Wonderful world of work, a workbook for asperiteens – Jeanette Purkis **(331.595)**
- Autism and working: a seven-stage plan to thriving at work – Michelle Garnett **(331.595)**



Teen Fiction

- The Curious Incident of the Dog in the Night-time – Mark Haddon
- The Definition of Us – Sarah Harris
- The State of Grace – Rachael Lucas
- We are all made of Molecules – Susan Nielsin
- The Paper & Hearts Society – Lucy Powrie
- The Geek Girl – Holly Smale
- Concentr8 – William Sutcliffe
- Queens of Geek – Jen Wilde





Online Resources

Access via Crawley Library Moodle Pages on CCG Online
Direct access in College or via Shibboleth outside College using your College Office 365 email and password



eBooks

Useful search terms: autism, neurodiversity



- [Awesome autistic go-to guide: a practical handbook for autistic teens and tweens – Yenn Purkiss](#)
[Pocket guide to neurodiversity \(2023\) – Daniel Aherne](#)



- [Developing College Skills in Student's with Autism and Asperger's Syndrome – Sarita Freedman \(2010\)](#)
- [60 Social Situations and Discussion Starters to Help Teens on the Autism Spectrum Deal with Friendship, Feelings, Conflict and More: Seeing the Big Picture – Lisa Timms](#)



A database of the largest and most authoritative collections of online journals and research resources, covering life, health, social and physical sciences. Search **autism**
Articles include:

- Autism Spectrum Disorder (ASD)
- Autism and Asperger syndrome



Recorded TV programmes available to watch in College or at home.

- The Autistic Me
- The Autistic Me– One Year On
- My Autism and Me – Newsround Special
- Louis Theroux: Extreme Love – Autism
- Girls with Autism
- Employable me

Useful Websites:

- [National Autistic Society \(autism.org.uk\)](http://autism.org.uk)