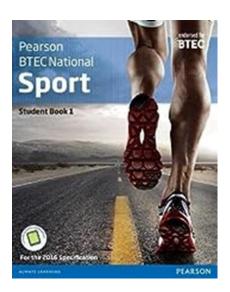
You will need to purchase a BTEC course textbook before your first lesson in September.

Book List

Pearson BTEC National Sport - Book 1



Book 1

<u>Authors: Adam Gledhill</u> (Author), <u>Richard</u>

Taylor (Author), Louise Sutton (Author), Matthew

Fleet (Author), Chris Manley (Author), Alex Sergison (Author), Chris Lydon (Author)

Publisher: Pearson Price: £32.92

ISBN- 978 1 292 13400 0

Below is a list of other relevant books that maybe useful to add depth to your knowledge.

Extra reading

- Tortora, G. & Grabowski, S. Principles of Anatomy and Physiology, Harper Collins.
- Wesson, K., Wiggins, N., Thompson, G. and Hartigan, S. (2005) Sport & PE a complete guide to Advanced Level Study, Hodder & Stoughton: London.
- Weinberg, R. & Gould, D. Foundations of Sport and Exercise Psychology, Human Kinetics.

Cox, R. Sport Psychology.