

Getting Ready For *Psychology/Applied Psychology*

Your Name		
A Level and BTEC Applied Psychology	Research Methods	A Level AQA Applied General BTEC

We are delighted you have chosen to study Psychology at Worthing College.

Instructions: This pack will help you make the best possible start to studying this subject.

The tasks in this pack:

- should take you **about 4 hours to complete**.
- should be handed into your teacher when teaching starts **from** Monday 9th September 2024 with your name on it for assessment.
- are also available on the internet – follow the links in the document.

If you need help: The tasks are designed to get a bit more difficult as you work through them as they are preparing you for studying at a higher level and to become an effective independent learner. You should try to get as far as you can working on your own but if you do need help, please email us at gettingreadyfor@worthing.ac.uk, telling us which Getting Ready For pack you are working on and what help you need. Help is available throughout the summer holidays.

Skills Focus for this Getting Ready for Pack	
Understanding psychological concepts and ideas Expressing understanding in written form	Applying learning to real life situations

Psychology is concerned with understanding the experience and behaviour of humans and what makes people 'tick', it addresses questions such as: How does memory work? Does playing violent video games make you more aggressive? And how does stress affect our health? Psychologists carry out carefully designed systematic research studies rather than relying just on their own observations of behaviour or intuition. They gather evidence and form theories about behaviour. You will need to know about the different methods used by psychologists to investigate behaviour.

Target Grade	Type of task	Task and subject specific skill reference	Deadline
All	Research the ways to study people	Complete the table below using this link: https://www.simplypsychology.org/research-methods.html , For each method, summarise it, and then write one strength and one weakness (this goes in the table below).	Week beginning 9th September 2024
All	Application	Using these links, find out more about each method by looking at some real-life examples of studies which have used that method . For each one, summarise the study in 100 words or less . Write this up underneath your table. <ol style="list-style-type: none"> Experiments – Loftus: https://www.simplypsychology.org/loftus-palmer.html (just focus on Experiment 1). Observations – Ainsworth https://www.tutor2u.net/psychology/reference/ainsworth-s-strange-situation#:~:text=Ainsworth's%20Strange%20Situation%20(1970)%20used,mother%20returning%20to%20the%20child . Questionnaires – Are you a Type A or Type B person? https://www.simplypsychology.org/personality-a.html Case study – Clive Wearing lost his memory: https://psychology.wikia.org/wiki/Clive_Wearing Correlations – Holmes and Rahe used a questionnaire called the SRRS to find out about stress and then correlated it with life events: https://www.simplypsychology.org/SRRS.html 	Week beginning 9th September 2024
Extension	Further application of understanding	Can you explain how each of the studies above is an example of the method? For example, why Loftus and Palmer’s study can be considered an experiment?	Week beginning 9th September 2024
Notes: You could type this work or hand write it. You will be provided with booklets for all topics, so you do not need to buy a textbook.			

	Brief description of the method(s)	One strength and one weakness of each method
Experiments <ul style="list-style-type: none"> • Laboratory • Field • Natural/Quasi 		
Observations <ul style="list-style-type: none"> • Naturalistic • Controlled • Overt • Covert • Participant • Non participant 		
Questionnaires		
Interviews <ul style="list-style-type: none"> • Structured • Unstructured 		
Case Studies		
Correlations		

Summaries of studies:

1. Loftus
2. Ainsworth
3. Type A/B
4. Clive Wearing
5. Holmes and Rahe

Work Experience week

All year 1 students are required to participate in a week-long work placement during their first year of study. You will be expected to locate one week's worth of work placement and submit your work experience form before October half term.

Placement Dates:

L2/L3 students on
double /triple
qualifications:

1 week course-specific placement, expected
placement dates will be confirmed by the course
leaders at the beginning of September.

Students with 2 or
more single subjects:

1 week placement during the Easter
holidays or w/c 23 June 2025

You can find the work experience form [HERE](#)
More information and guidance can be found [HERE](#)