

Getting Ready For <i><b>Psychology/Applied Psychology</b></i>		
Your Name		
A Level and BTEC Applied Psychology	Research Methods	A Level AQA Applied General BTEC

**We are delighted you have chosen to study Psychology at Worthing College.**

**Instructions:** This pack will help you make the best possible start to studying this subject.

The tasks in this pack:

- should take you **about 4 hours to complete**.
- should be handed into your teacher when teaching starts **from** Monday 8th September 2025 with your name on it for assessment.
- are also available on the internet – follow the links in the document.

**If you need help:** The tasks are designed to get a bit more difficult as you work through them as they are preparing you for studying at a higher level and to become an effective independent learner. You should try to get as far as you can working on your own but if you do need help, please email us at [gettingreadyfor@worthing.ac.uk](mailto:gettingreadyfor@worthing.ac.uk), telling us which Getting Ready For pack you are working on and what help you need. Help is available throughout the summer holidays.

Skills Focus for this Getting Ready for Pack	
Understanding psychological concepts and ideas Expressing understanding in written form	Applying learning to real life situations

Psychology is concerned with understanding the experience and behaviour of humans and what makes people 'tick', it addresses questions such as: How does memory work? Does playing violent video games make you more aggressive? And how does stress affect our health? Psychologists carry out carefully designed systematic research studies rather than relying just on their own observations of behaviour or intuition. They gather evidence and form theories about behaviour. You will need to know about the different methods used by psychologists to investigate behaviour.

Target Grade	Type of task	Task and subject specific skill reference	Deadline
All	Research the ways to study people	<b>Complete the table below</b> using this link: <a href="https://www.simplypsychology.org/research-methods.html">https://www.simplypsychology.org/research-methods.html</a> , For each method, summarise it, and then write one strength and one weakness (this goes in the table below).	<b>Week beginning 8<sup>th</sup> September 2025</b>
All	Application	Using these links, find out more about each <b>method</b> by looking at <b>some real-life examples of studies which have used that method</b> . For each one, <b>summarise the study in 100 words or less</b> . Write this up underneath your table.  <ol style="list-style-type: none"> <li>Experiments – Loftus: <a href="https://www.simplypsychology.org/loftus-palmer.html">https://www.simplypsychology.org/loftus-palmer.html</a> (just focus on Experiment 1).</li> <li>Observations – Ainsworth <a href="https://www.tutor2u.net/psychology/reference/ainsworth-s-strange-situation#:~:text=Ainsworth's%20Strange%20Situation%20(1970)%20used,mother%20returning%20to%20the%20child">https://www.tutor2u.net/psychology/reference/ainsworth-s-strange-situation#:~:text=Ainsworth's%20Strange%20Situation%20(1970)%20used,mother%20returning%20to%20the%20child</a> .</li> <li>Questionnaires – Are you a Type A or Type B person? <a href="https://www.simplypsychology.org/personality-a.html">https://www.simplypsychology.org/personality-a.html</a></li> <li>Case study – Clive Wearing lost his memory: <a href="https://futurism.com/clive-wearing-the-man-with-the-30-second-memory">https://futurism.com/clive-wearing-the-man-with-the-30-second-memory</a></li> <li>Correlations – Holmes and Rahe used a questionnaire called the SRRS to find out about stress and then correlated it with life events: <a href="https://www.simplypsychology.org/SRRS.html">https://www.simplypsychology.org/SRRS.html</a></li> </ol>	<b>Week beginning 8<sup>th</sup> September 2025</b>
Extension	Further application of understanding	Can you explain how each of the studies above is an example of the method? For example, why Loftus and Palmer's study can be considered an experiment?	<b>Week beginning 8<sup>th</sup> September 2025</b>
<b>Notes:</b> You could type this work or hand write it. You will be provided with booklets for all topics, so you do not need to buy a textbook.			

	Brief description of the method(s)	One strength and one weakness of each method
<b>Experiments</b> <ul style="list-style-type: none"> <li>• Laboratory</li> <li>• Field</li> <li>• Natural/Quasi</li> </ul>		
<b>Observations</b> <ul style="list-style-type: none"> <li>• Naturalistic</li> <li>• Controlled</li> <li>• Overt</li> <li>• Covert</li> <li>• Participant</li> <li>• Non participant</li> </ul>		
<b>Questionnaires</b>		
<b>Interviews</b> <ul style="list-style-type: none"> <li>• Structured</li> <li>• Unstructured</li> </ul>		
<b>Case Studies</b>		
<b>Correlations</b>		

Summaries of studies:

1. Loftus
2. Ainsworth
3. Type A/B
4. Clive Wearing
5. Holmes and Rahe

## Work Placement Week

All students are required to participate in a **compulsory** week-long work placement. It is recommended that the placement chosen is either relevant to your course, or relevant to what your future career aspirations are.

### Work placement form submission deadline

<b>All L2 and L3 students studying on triple or double courses</b> will be given their work placement week dates by their course leaders when they start in September.  The deadline to submit your placement forms are as follows:	<b>Date of work placement week</b>	<b>Deadline for returning completed form</b>
	Dec-25	24th October 2025
	January / February 2026	24th October 2025
	March / April 2026	19th December 2025
	May / June 2026	13th February 2026
<b>All students studying 2 or more single subjects</b> will have the option of either carrying out their work placement during:  <ul style="list-style-type: none"> <li>• February half term</li> <li>• Easter holidays</li> <li>• May half term</li> <li>• 22nd – 26th June 2026</li> </ul> The deadline to submit your placement forms are as follows:	<b>Date of work placement week</b>	<b>Deadline for returning completed form</b>
	February half term (16th - 20th February)	Friday 24th October 2025
	Easter holidays (27th March - 13th April)	Friday 19th December 2025
	May half term (26th - 29th May)	Friday 13th February 2026
	22nd – 26th June	Friday 1st May 2026