

## T Level in Education and Childcare- Summer Homework Project 2024

During your T Level, you will be learning about lots of areas of childcare and how to support child development. Over the Summer, we would like you to complete these tasks related to play, child development, activity planning and basic care needs.



### Play

Select one of the following ages:

- 0–2 years 11 months in a home setting
- 3–4 years 11 months in an early years setting
- 5–7 years 11 months in a school setting
- 8–11 years 11 months in a school setting.

For children in the chosen age range and setting:

- Identify and describe one of the **types of play** appropriate to the children’s age range and setting.  
You can use these websites to help you:

<https://pathways.org/kids-learn-play-6-stages-play-development/>

<https://www2.hse.ie/babies-children/play/types-of-play/>

- Give an example of an activity for **your chosen** type of play.

## Child Development

How does play support these types of development? Find a toy, resource or a piece of equipment that would support development in these areas- add a picture in the final column!



	How does play support development?	
Language Development		
Cognitive Development		
Social Development		
Physical Development		



## Care Needs

You are a nanny for a 4 year old child. Can you create a well-balanced meal plan for a day? Your plan should include appropriate portion sizes.

Breakfast	Lunch	Dinner	Snacks	Drinks

## Activity Planning



Plan an activity to support children's fine motor skills. Complete the plan below:

Age of children:	Resources needed:
Health and safety to be considered:	
Activity description:	
Role of the childcare practitioner during activity:	How will this support fine motor skill development?

