

## GETTING READY FOR PACK

### A Level Dance

We are delighted you have chosen to study dance at Haywards Heath College

#### WHAT YOU WILL STUDY

##### **Component 1: Performance and choreography**

- Solo performance linked to a specified practitioner.
- Performance in a quartet.
- Group choreography.

##### **How it's assessed**

- Practical exam
- 80 marks
- 50% of A-level

##### **Component 2: Critical engagement**

Knowledge, understanding and critical appreciation of **two** set works and areas of study.

##### **Areas of study:**

Rambert and the Independent Contemporary Dance Scene.

##### **Set works:**

'Rooster' by Christopher Bruce

'Sutra' by Sidi Larbi Cherkaoui

WHAT YOU NEED	
<b>Kit List</b>	<b>Practical Classes:</b> You will be expected to wear black leotard and black footless dance tights for your practical sessions. Foot thongs are allowed but you will all be expected to work barefoot in all dance classes. Boys can wear black shorts and black vest or tight-fitting t-shirt.
<b>Course Supplement</b>	You will be provided with information regarding the studio fees for this course during your enrolment.
<b>Equipment</b>	Notebook and pen and highlighter Laptop or equivalent device

ENRICHMENT
<p>You will be offered the opportunity to attend a minimum of 2 professional performances during each year of study.</p> <p>Tap dance classes will be available as short courses throughout your programme of study.</p> <p>Workshops and Q &amp; A with visiting professionals.</p> <p>Opportunities to build and develop your professional portfolio.</p>

SUMMER WORKING TASK INFORMATION
<b>Completion Date: First Lesson Week Commencing 9/9/24</b>
<p>This pack will help you make the best possible start to studying this subject. The tasks in this pack should take you about 4-6 hours to complete.</p> <p>The tasks are designed to get a bit more difficult as you work through them as they are preparing you for studying at a higher level and to become an effective independent learner. You should try to get as far as you can working on your own but if you do need help, please email us at <a href="mailto:info@haywardsheath.ac.uk">info@haywardsheath.ac.uk</a> telling us which Getting Ready For pack you are working on and what help you need. Help is available throughout the summer holidays.</p>

SUMMER WORKING TASK	
<b>Skills Focus</b>	Research, analysis and independent learning.
<b>Task 1</b>	<p>Answer the following questions about Rambert Dance Company (previously known as Ballet Rambert) you may present this in any format you like; e.g. A standard written response, a poster, a PowerPoint. Your responses must be in your own words and not just copied from the internet!</p> <ul style="list-style-type: none"> <li>• Who founded the company?</li> <li>• What style of dance are the company dancers trained in?</li> </ul>

	<ul style="list-style-type: none"> <li>• When was 'Rooster' first performed?</li> <li>• Who choreographed 'Rooster'?</li> <li>• What are the themes/stimuli that Rooster is based on?</li> <li>• What was happening in Britain during the 1960's give clear specific examples of events and changes that were occurring in society at the time.</li> <li>• The music includes songs from which famous band?</li> </ul> <p>A helpful resource: <a href="#">Our history - Rambert</a></p> <p>Please also see attached PDF for information on the set work 'Rooster'.</p>
<p><b>Task 2</b></p>	<p>Answer the following questions about Rambert Dance Company (previously known as Ballet Rambert) you may present this in any format you like; e.g. A standard written response, a poster, a PowerPoint. Your responses must be in your own words and not just copied from the internet!</p> <p>Research into the following three choreographers who all created works for Rambert Dance company;</p> <ol style="list-style-type: none"> <li>1. <b>Robert North</b></li> <li>2. <b>Richard Alston</b></li> <li>3. <b>Christopher Bruce.</b></li> </ol> <p><b>You should create 1 page of research for EACH choreographer. The research should include the following:</b></p> <ul style="list-style-type: none"> <li>• <i>Between which years were these practitioner's artistic directors for Rambert Dance Company?</i></li> <li>• <i>Research into the background of the above practitioners- what was their training/experience before they joined Ballet Rambert/Rambert Dance Company?</i></li> <li>• <i>Find a minimum of three additional facts about each practitioner.</i></li> <li>• <i>What works did they create? Find images of their works</i></li> </ul> <p>Helpful resources:</p> <p><a href="#">Christopher Bruce (1945-) (rambert.org.uk)</a></p> <p><a href="#">Richard Alston (1948-) (rambert.org.uk)</a></p> <p><a href="#">Robert North (1945-) (rambert.org.uk)</a></p>
<p><b>Task 3</b></p>	<p>Go on to YouTube and search for Rambert dance company: 'Rooster.'</p> <p>Watch the clips of their famous piece 'Rooster.' Watch all <b>8</b> clips.</p> <p><a href="https://www.youtube.com/watch?v=0bTW8tPL6qY&amp;list=PLKRvJgSgU_--A6w5c5cwPIWvKDXHbsTST">https://www.youtube.com/watch?v=0bTW8tPL6qY&amp;list=PLKRvJgSgU_--A6w5c5cwPIWvKDXHbsTST</a></p> <p>After watching each section write the title of the section and underneath give a brief overview of what you see in each section:</p> <ul style="list-style-type: none"> <li>• number of dancers,</li> <li>• costumes,</li> <li>• key movement,</li> <li>• style,</li> <li>• the overall feeling/mood of the section</li> </ul>

Analysis is a crucial part to your Dance course. The following task will prepare you for the analysis required throughout the course.

Watch section 1 again (Little red rooster) from 'Rooster'  
[https://www.youtube.com/watch?v=g\\_k5YJCl12c&list=PLKRvJgSqU--A6w5c5cwPIWyKDXHbsTST&index=8](https://www.youtube.com/watch?v=g_k5YJCl12c&list=PLKRvJgSqU--A6w5c5cwPIWyKDXHbsTST&index=8)

Now complete a more detailed analysis:  
 Complete the analysis chart, please use this as a template but recreate your own chart as you will need much more space to fill in detailed and specific answers.

	<b>Description</b> <i>(what do you see)</i>	<b>Analysis</b> <i>(Why do you think it is like this/how does it help show the theme?)</i>
<b>Movement components</b>		
What <b>actions</b> do they perform? <i>(be specific)</i>		
What are the <b>dynamics</b> like? <i>(E.G. soft/sharp/controlled)</i>		
How do they use <b>space</b> ? Can you give examples? <i>(levels/floorwork/lifts/pathways/facings)</i>		
What <b>relationships</b> do you see? <i>(unison, cannon, duets, trios, solos?)</i>		
<b>Physical Setting</b>		
How would you describe the <b>lighting</b> <i>(colour/whole stage/side lights?)</i>		
How can you describe the <b>costumes</b> ? <i>(shape, colour, dress/shirt)</i>		
What type of staging is it performed on?		
<b>Aural Setting</b>		
What music is being used? And how could you describe it? <i>(tempo, genre, what are they lyrics saying? Does the music match the movement?)</i>		

**RECOMMENDED COURSE READING/WATCH LIST :**

**Fifty Contemporary Choreographers (first or second edition)**

Publisher: Routledge, London.

Author: M. Bremser and L, Sanders (editors) – 1999 and 2011

ISBN: 9780415380829

**Ballet Rambert, Fifty Years and On**

Publisher: Rambert Dance Company, London.

Author: C, Crisp, A, Sainsbury and P, Williams (editors)

ISBN: 9780950547817

**20<sup>th</sup> Century Dance in Britain**

Publisher: Dance Books, London  
Author: J, White. (editor) – 1985  
ISBN: 9780903102858

**Rambert: A Celebration**

Publisher: Rambert Dance Company, London.  
Author: J, Pritchard (compiler) – 1996  
ISBN: 9780950547831

**'Mim' – A Personal Memoir of Marie Rambert**

Publisher: Dance Books, London.  
Author: B, Kelly – 2009  
ISBN: 9781852731274

**Art Without Boundaries, the World of Modern Dance**

Publisher: Dance Books, London  
Author: J, Anderson – 1997  
ISBN: 9781852730574

**Useful Websites and Articles:**

[Rambert - Contemporary dance company London](#)

[People - Rambert](#)

[Richard Alston Choreographer | England | Richard Alston \(richardalstondance.org\)](#)

[Sir Matthew Bourne OBE | New Adventures \(new-adventures.net\)](#)

[Home - Akram Khan Company](#)

[Sidi Larbi Cherkaoui — People — Royal Opera House \(roh.org.uk\)](#)

[Frederick Ashton — People — Royal Opera House \(roh.org.uk\)](#)

[Royal Opera House \(roh.org.uk\)](#)

[Jasmin Vardimon Company](#)

**Podcasts:**

[BBC Radio 3 - Sound of Dance, Matthew Bourne](#)

[BBC Radio 3 - Sound of Dance, Akram Khan](#)

[BBC Radio 3 - Sound of Dance, Marie Rambert, a ballet by Wayne Eagling](#)

[Ballet & Dance Podcast: Akram Khan, critically acclaimed choreographer celebrates 20 Year Anniversary of Akram Khan Company on Apple Podcasts](#)

[Ballet & Dance Podcast: Sir Richard Alston says farewell to Richard Alston Dance Company as he looks back over his 50 year career and to the future on Apple Podcasts](#)