



# Young People's Shop

**ANXIOUS**

**Angry**

**Scared**

**WORRIED**

**Stressed**

**Confused**

**IF YOU FEEL UNABLE TO COPE, IT'S IMPORTANT TO REMEMBER THAT  
YOU ARE NOT ALONE**

**The Young People's Shop offers free counselling,  
Emotional Support, Advice and Guidance to any  
young person aged 11 - 25 in Chichester**

## **We can help with:**

- Emotional Support
- Counselling
- Sexual Health
- Relationships
- Drug / alcohol worries
- Education
- Employment and Training
- Housing

## **Need to Talk?**

**We are open Monday - Friday  
2pm - 6pm**

## **Contact us**

**29 South Street,  
Chichester, PO19 1EL**

**Tel: 01243 839093**

**Email: [contact@yps-south.org.uk](mailto:contact@yps-south.org.uk)**

**[www.yps-south.org.uk](http://www.yps-south.org.uk)**