

**Keep the Accident & Emergency department free for those who really need it and take care of everyday illnesses at home. Advice is available from the College Healthcare Assistant or your local pharmacist.**

Visiting the doctor or hospital remember to take the following with you:

- EEA students should take with them their passport and/or ID and letter from the college,
- Non EEA students should take their passport, BRP card, VISA if applicable and letter from the college

## 1. College Healthcare Assistant

The College Healthcare Assistant is available in the mornings Mon-Fri, and can help with minor illnesses and problems as well as advice on emergency contraception. To contact the Healthcare Assistant please either speak to your Halls Supervisor or the Accommodation / International Team in the International Office

## 2. Pharmacist

Your local pharmacist is a qualified expert and can give confidential advice on common minor illnesses like coughs, colds and headaches, as well as medicines and emergency contraception. The nearest Pharmacies are located in Tesco Supermarket or Boots the Chemist (North Street)

## 3. NHS 111

111 – is the NHS non-emergency number. It's fast, easy and free. Call 111 and speak to a highly trained advisor, supported by healthcare professionals. They will ask you a series of questions to assess your symptoms and immediately direct you to the best medical care for you. NHS 111 is available 24 hours a day, 365 days a year. Calls are free from landlines and mobile phones

## 4. Doctors Surgery

If the options above are not appropriate to your condition or the college Healthcare Assistant recommends that you see a doctor, you will need to make an appointment with the doctors surgery. The doctors can help with all medical advice. To find your local doctor, please speak to your Halls Supervisor, Healthcare Assistant or consult your International Handbook for doctor's details.

## 5. Accident & Emergency Department at the Hospital

ONLY visit the Accident and Emergency department for emergencies such as loss of consciousness, severe chest pain, breathing difficulties, deep wounds and severe bleeding or suspected bone breaks or serious accidents

If you have any questions, please speak to your Halls Supervisor or a member of the Accommodation / International Team.