

### Getting Ready For Uniformed Services

Your Name		
Uniformed Services	Unit 1	Summer 2025
	Unit 2	
	Unit 4	

#### We are delighted you have chosen to study Uniformed Services at Worthing College.

**Instructions:** This pack will help you make the best possible start to studying this subject.

The tasks in this pack:

- should take you about 4 hours to complete.
- should be handed into your teacher when teaching starts from 8<sup>th</sup> September 2025 with your name on it for assessment.
- are also available on the internet follow the links in the document.

**If you need help:** The tasks are designed to get a bit more difficult as you work through them as they are preparing you for studying at a higher level and to become an effective independent learner. You should try to get as far as you can working on your own but if you do need help, please email us at <u>gettingreadyfor@worthing.ac.uk</u>, telling us which Getting Ready For pack you are working on and what help you need. Help is available throughout the summer holidays.

Skills Focus for this Getting Ready for Pack			
Following instructions	Report writing		
Researching	Written communication		
Independent Learning	Note Taking		
	6		

#### Work Placement Week

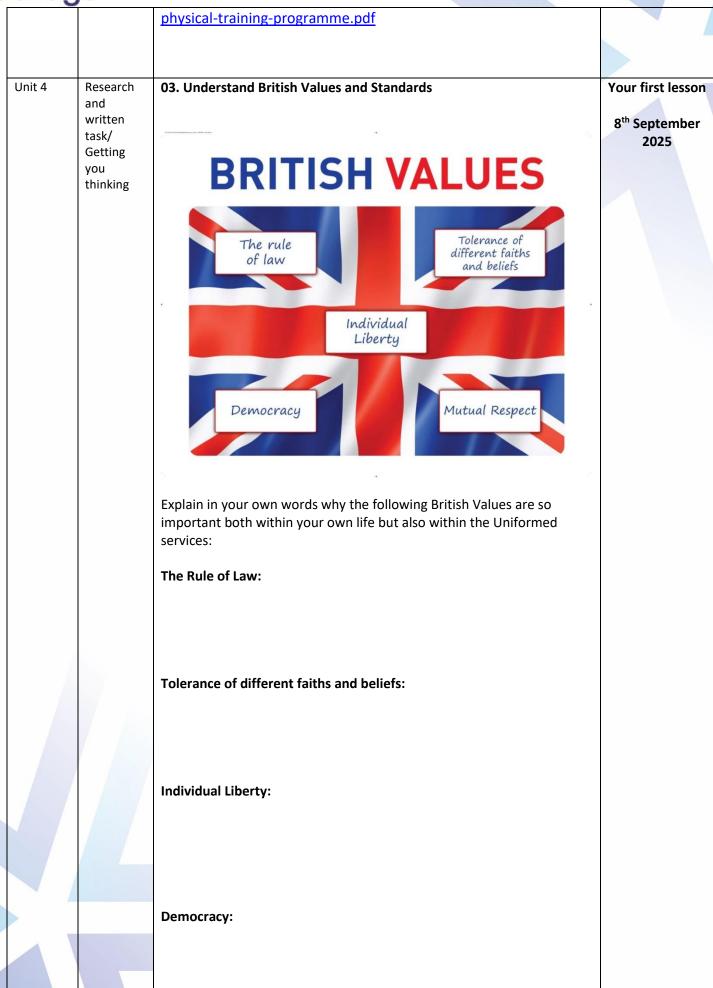
All students are required to participate in a **compulsory** week-long work placement. It is recommended that the placement chosen is either relevant to your course, or relevant to what your future career aspirations are.

	Work placement form submission deadline						
All L2 and L3 students studying on triple or	Date of work placement week	Deadline for returning completed form		All students studying 2 or more single subjects	Date of work placement week	Deadline for returning completed form	
double given ti	e courses will be heir work nent week dates	December 2025	24th October 2025		will have the option of either carrying out their work placement during:	February half term (16th - 20th Feb)	Friday 24th October 2025
by their course leaders when they start in September. The deadline to submit your placement forms are as follows:	January / February 2026	24th October 2025		<ul> <li>February half term</li> <li>Easter holidays</li> <li>May half term</li> <li>22nd - 26th June 2026</li> <li>The deadline to submit your placement forms are as follows:</li> </ul>	Easter holidays (27th March - 13th April)	Friday 19th December 2025	
	March / April 2026	19th December 2025			May half term (26th - 29th May)	Friday 13th February 2026	
	May / June 2026	13th February 2026			22nd – 26th June	Friday 1st May 2026	

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Unit	Type of task	Task and subject specific skill reference	Deadline
Unit 1 Research and		01. Research different Job roles within the Uniformed Services	Your first lesso
	written task	Write a 500-word report on two different job roles that interest you within the Uniformed Services, what are the entry requirements for both job roles. Give information on the selection process and the academic requirements you will need to join.	8 <sup>th</sup> September 2025
		Use the links below to discover the different job roles within different uniformed services.	
		RAF - <u>RAF Recruitment   Find Your Role   Royal Air Force</u> Army - <u>Find Your Perfect Army Career - Find A Role   Army Jobs</u> Navy - <u>Role Finder   Royal Navy</u> Police - <u>Police officer roles   Careers   Metropolitan Police</u>	
		Fire Brigade - Fire & Rescue recruitment - West Sussex County Council	
		Paramedic NHS - <u>Roles in the ambulance service   Health Careers</u> Border Force - <u>Border Force - Home Office Careers</u>	
nit 2	Planning/ executing	02. Develop aspects of physical fitness for entry to the Uniformed Services	Your first lesso
	fitness		8 <sup>th</sup> September
	plans	Complete a 1-week training plan to gain an understanding of the fitness requirements of joining a Uniformed Service, print and fill in the planner below.	2025
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	Mutual Respect:	
Notes:		

